



April 8, 2020 – COVID-19 Update No. 18



Instructors at MiraCosta College's Technology Career are using machine and engineering shops and 3-D printers to manufacture face masks, face shields and decontamination boxes for the fight against COVID-19.



STATE AND NATIONAL GUIDANCE/EXECUTIVE ORDERS/NEWS

Gov. Gavin Newsom today gave an update on the state's response to the COVID-19 pandemic. (All daily news conferences are streamed live at noon on his [Twitter page](#) and the [California Governor Facebook page](#).) You can find more information on [California's COVID-19 website](#).

During today's update, the governor [expanded on the announcement](#) that California has secured a monthly supply of 200 million N95 masks to help protect our state's health care workers. Newsom [signed an executive order](#) on Tuesday to help the state get these necessary medical supplies.

When asked about the state's stay-at-home order, the governor declined to say when it would be lifted.

[You can watch the full update here](#). (Please note: the broadcast begins around the 6:10 mark.)

Gov. Newsom on Tuesday also signed an executive order to [expand support for vulnerable populations](#). He also said he is [considering aid to immigrants](#) impacted by the coronavirus crisis.

Sacramento County on Tuesday issued a [new stay-at-home order](#) effective until May 1. The updated order has further clarifications and limitations than the previous order, including restricting access to recreational areas and prohibiting all non-essential gatherings of any number.

The [CDC reported](#) early today that African Americans are 'disproportionately affected' by the coronavirus. [This article explains](#) what's behind the disparity.



SYSTEM GUIDANCE

The California Community Colleges Chancellor's Office is committed to keeping everyone informed during this time of uncertainty. We encourage administrators, staff, faculty and students to routinely check the [Chancellor's Office COVID-19 resource page](#). The [student section](#) is newly redesigned and will help all of our students get the resources they need to continue their education. A folder on guidance from UC and CSU has also been added to the [Chancellor's Office Communications to Colleges section](#).



ONLINE INSTRUCTION

The Accessibility Center will also offer a webinar on Otter.ai, an app that can help students with note taking by recording class lectures and presentations and converting that information into text. The webinar is Thursday, April 9 at 1:00 p.m. [Find more information here](#). To participate in the activities during this webinar, [participants can set up a free Otter.ai account](#) beforehand.

Our partners at SDSU, Dr. Frank Harris III and Dr. Luke Wood, are hosting another webinar: Equity-Minded Student Services in the Online Environment. The webinar will focus on equity-minded student services strategies and practices that can be employed by community college professionals in the online environment, and is a wonderful way to support the *Vision for Success*. The webinar is Thursday, April 9, at 10:00 a.m. [Register at this link](#).

The California Virtual Campus-Online Education Initiative has developed an [Emergency Preparedness Resources](#) web site for assistance converting in-person classes to online. Several webinars are scheduled to help during this transition. *(Please note: Recordings will be posted afterward for people who are unable to attend).*



RESOURCES

Many people have expressed concern about Zoom privacy as we continue to work from home. [This guide](#) shares important information on the company's update privacy policy and offers some best practices for all your Zoom meetings.

The California Department of Education and Wellness Together are offering a three-part webinar series that will facilitate an ongoing discussion to highlight practices, programs and policies to strengthen student supports in the midst of school closures. The webinars will be on Thursdays, beginning April 9, from 1:00 – 2:30 p.m. It's a free event, but RSVP is required for attendance and space is limited. [Find more information here](#).

College practitioners can find COVID-19 resources, information, and community within the [Vision Resource Center](#). Create an account or log in. Under the "Connect" menu, visit "All Communities" and look for the "CCC | COVID-19 Resources, Tools and Discussion" section. Click "Join Community" to access the content within.

For online instruction support requests, please contact [CVC-OEI](#).



STUDENT SUPPORTS

Calls to suicide hotlines across the country have increased during the coronavirus pandemic. We encourage everyone in need to reach out for help. The California Youth Crisis line runs 24 hours a day, seven days a week: [800-843-5200](tel:800-843-5200). The [National Suicide Prevention Lifeline](#) provides confidential assistance to anyone in crisis and their loved ones through a live chat and free 24-hour hotline at [800-273-8255](tel:800-273-8255). You can also text the Crisis Text Line at [741741](tel:741741).

[CVC-OEI has a full page of resources dedicated to helping students transition to online learning](#). Resources include a number of videos on how to prepare for and succeed in a virtual classroom, as well an overview of Canvas. The page also details the companies offering free or low-cost internet access across the state.



UNEMPLOYMENT RESOURCES

If you or someone you know lost a job during the pandemic, working for the state could be an option. The state is still hiring and previous job skills might transfer. [This article](#) has good information and explains the top three jobs that have hundreds of openings right now. Additionally, the state launched [this website](#) to help match job seekers to open positions.

The state's Employment Development Department also maintains [a list of resources](#) that people can receive while going through the unemployment process. La página también está disponible [en español](#).

Anyone uninsured and eligible to enroll in health care coverage through Covered California can sign up through the end of June. [Find more information here](#).



HOW TO HELP

Philanthropic and corporate partners, as well as those looking to make a major gift or grant, are encouraged to contact the [Foundation for California Community Colleges](#). Individual donations are also being accepted through the Foundation and will be deployed to individual colleges supporting students impacted by lost wages, campus closures and the transition to distance education caused by COVID-19. [Check here for more details on how to give now](#).

The [California Volunteers website](#) has a list of nonprofit organizations and food banks that are in dire need of volunteers, supplies and financial help.

The COVID-19 pandemic has led to a severe blood shortage across the country. If you're able to donate, please visit the [American Red Cross](#) or your local blood bank to schedule a donation. Some restrictions have been loosened to increase the number of people who can donate.



OTHER INFORMATION

UC researchers are [participating in a new study](#) looking into whether a wearable device could be an early warning system for people who are getting sick. Experts say findings could be valuable in the fight against COVID-19.

Besides sanitizing and social distancing, a healthy circadian rhythm might help increase resilience to fight COVID-19. [Here is some useful information](#) on how to do that.

The Sacramento Bee is offering [two months of free access](#) to sacbee.com for state workers.

TIP OF THE DAY

Courtesy has perhaps never been more important. Retail workers are on the front line of this outbreak and this article offers some [helpful advice on shopping etiquette](#), for the good of everyone. Among the tips: save WIC food for those who need it.

Did you get this from someone else? [Sign up to receive the daily COVID-19 Special Update](#) under 'Subscribe and Connect.'



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