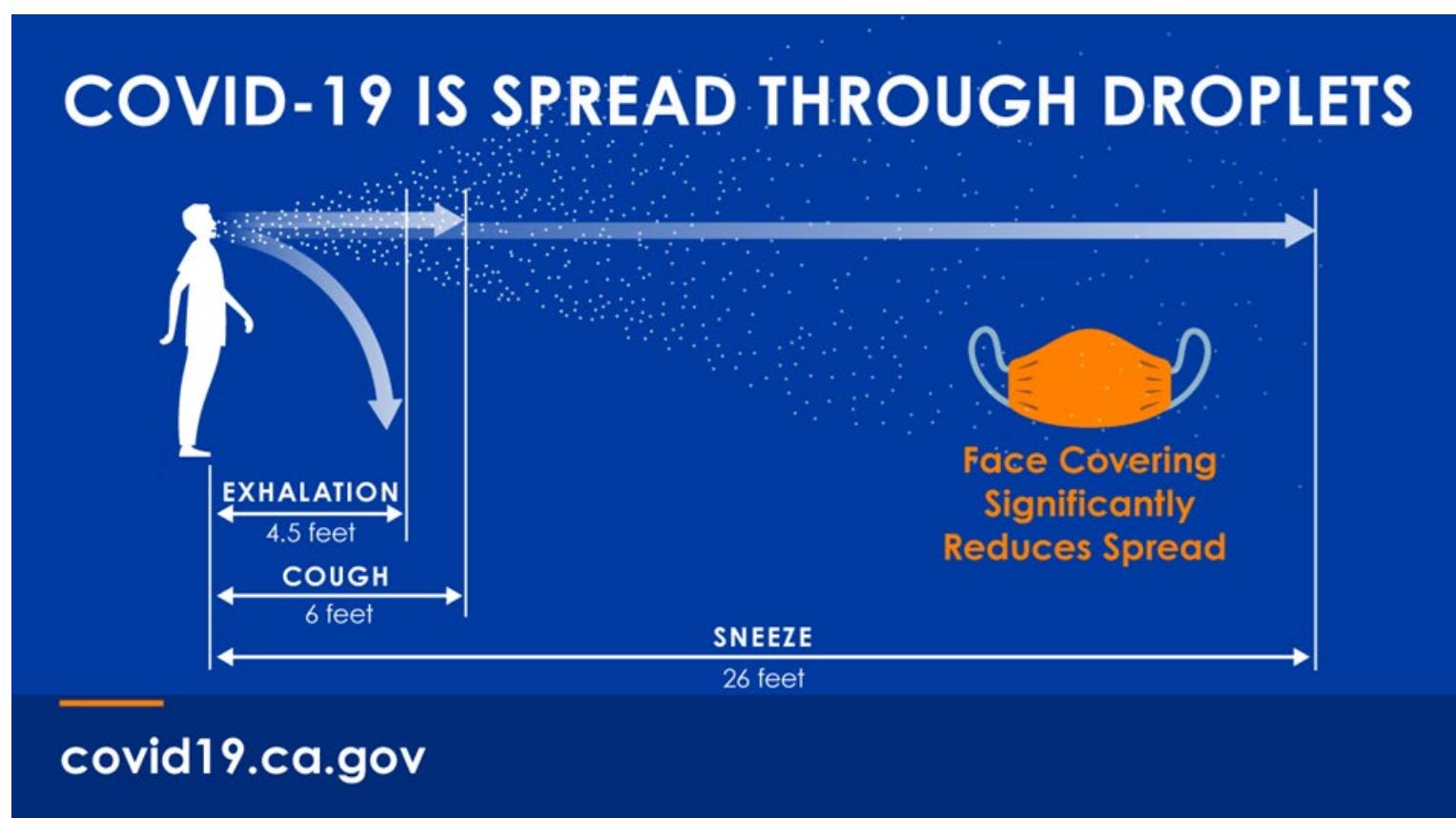




June 22, 2020 – COVID-19 Update No. 64



COVID-19 can spread up to 26 feet through droplets. Even if you're not showing symptoms, you could be spreading the virus. Please wear a face covering and help mitigate the spread of the coronavirus. Your actions save lives. (Graphic courtesy of the [Office of the Governor](#).)

*The COVID-19 Special Update now publishes on Mondays, Wednesdays and Fridays.*



### STATE AND NATIONAL GUIDANCE/EXECUTIVE ORDERS/NEWS

Gov. Gavin Newsom today gave an update on the state's response to the COVID-19 pandemic. (All news conferences are streamed *live at noon* on his [Twitter page](#) and the [California Governor Facebook page](#).) You can find more information on [California's COVID-19 website](#).

The governor walked out to today's briefing while wearing a face mask, and implored everyone who is able to wear a face covering to do so in order to stop the spike and spread of coronavirus cases. He again noted California is not out of the first wave of this pandemic and detailed the following information about the rising spread of COVID-19 in the state:

- California has reported 46,375 COVID-19 cases in the past 14 days.
- Both hospitalizations and ICU cases are going up across the state, though Gov. Newsom says hospital space and ICU capacity remain steady.
- California is now tracking 11 counties with coronavirus warning indicators (Fresno, Imperial, Kern, Kings, Los Angeles, Riverside, San Bernardino, San Joaquin, Santa Barbara, Stanislaus and Tulare), up from 9 counties in a recent update. Residents of these areas can find a breakdown of the warning indicators for each county [on this page](#).
- The state has mitigation strategies, including reinstating stay-at-home orders, ready to implement if COVID-19 cases continue to increase.

[You can watch the full update here.](#) (Please note: the update starts around the 2:10 mark.)

"We made compromises across the spectrum." Gov. Newsom and top Democrats today announced a state budget deal, though details at this point are still scarce. When asked during his COVID-19 briefing, the governor said more information would come in the next several hours. [Here's what we do know.](#)

We're all aware the pandemic decimated the state's economy. The Los Angeles Times is [tracking how the coronavirus crushed California's workforce](#).

The White House says President Trump will [sign an executive order that will freeze new](#) visas for foreign workers through the end of the year, saying it will preserve jobs amid the economic downturn caused by the COVID-19 pandemic.

More than 120,000 deaths in the U.S. have been blamed on the virus, and the [surging number of cases](#) across the country has many fearing progress is slipping.



## SYSTEM GUIDANCE/NEWS

The Chancellor's Office is committed to keeping everyone informed during this uncertain time. We encourage administrators, faculty, staff and students to regularly check the [Chancellor's Office COVID-19 resource page](#) for ongoing executive orders, guidance memos and announcements. Current and prospective students can also get connected with their local college to find out specific resources and support services available as well as enroll in their local community college.

College practitioners can find past COVID-19 Weekly Webinar recordings and other COVID-19 information within the [Vision Resource Center](#). Create an account or log in. Under the "Connect" menu, visit "All Communities" and look for the "CCC | COVID-19 Resources, Tools and Discussion" section. Click "Join Community" to access the content within.



## ONLINE INSTRUCTION/WEBINARS

The California Virtual Campus-Online Education Initiative (CVC-OEI) offers a number of online events to continue to help faculty and staff with the transition to virtual learning. You can find all upcoming events on the [CVC-OEI Events page](#). For online instruction support requests, please contact [CVC-OEI](#).



## STUDENT SUPPORTS

We know students are looking for extra support during this trying time. We have compiled a list of mental health support services available to students and we'll continue to share them on a daily basis.

- If students have **Medi-Cal** and are in need of mental health services, they can call the number on their health plan membership card, or call their [local county mental health line](#). For help finding what services are covered, call the [Medi-Cal Managed Care and Mental Health Office of the Ombudsman](#) at [888-452-8609](#) Monday through Friday from 8:00 a.m. – 5:00 p.m.
- If you are concerned about a family in need of food or assistance, or you need resources yourself, call [211](#), contact your local non-profit [Family Resource Center](#), or apply for public benefits, which may include health care, cash aid, and food and nutrition assistance, through your county's [Social Services or Health and Human Services department](#).
- Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the [California Community Colleges Health & Wellness website](#). Specific COVID-19 resources are available on the home page.
- [Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.
- [Each Mind Matters](#) offers resources, tools and activation kits for mental health.
- The California Youth Crisis line runs 24 hours a day, seven days a week: [800-843-5200](#). The [National Suicide Prevention Lifeline](#) provides confidential assistance to anyone in crisis and their loved ones through a live chat and free 24-hour hotline at [800-273-8255](#). You can also text COURAGE to the Crisis Text Line at [741741](#).
- Our LGBTQ students can also contact the Trevor Project by calling [1-866-488-7386](#) or text START to 678678 for 24/7 information. The Lesbian, Gay, Bisexual and Transgender National Hotline is available from 1:00 – 9:00 p.m. at [1-800-273-8255](#). Or call or text the Victims of Crime Resource Center at [1-800-842-8467](#) for help.



## HOW TO HELP

The Foundation for California Community Colleges, in partnership with the California Community Colleges, has launched an effort to provide emergency aid, technology, connectivity and other essential supports to students. [Click here for more on ways to support students through this campaign](#).



## OTHER INFORMATION

Dr. Anthony Fauci, the nation's leading voice on the Covid-19 pandemic, will participate in a Sacramento Press Club Facebook Live event at noon on Wednesday, June 24. To view the event, go to The Sacramento Press Club's [Facebook page](#).

Going back to the office? What public health experts say about [using the elevator](#).

A CDC report released today shows [emergency visits to hospitals declined substantially](#) after a national health emergency was declared in March, suggesting patients could not access care or avoided medical facilities in fear of contracting COVID-19.

#### TIP OF THE DAY

Have you completed the 2020 Census yet? Your participation will help determine the allocation of funds to support community college programs designed to educate and prepare California's future essential workers. If you're not sure where to start, watch this [short video](#) that explains what the Census is, why it's important and how to complete it.

[More Tips of the Day](#)

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