More than 60 students, faculty and staff members joined a Norco College forum held recently on the social justice movement and the Chancellor's Office Call to Action. During the forum, held virtually due to the ongoing COVID-19 pandemic, people shared their experiences and raw emotions with heartfelt stories and a plea for change. As a result, Norco College President Dr. Monica Green pledged to convene the Norco College Social Justice Movement Taskforce that will be made up of faculty, administrators, students, community partners and classified professionals who will work through an actionable plan to implement and institutionalize.

The COVID-19 Special Update now publishes on Mondays, Wednesdays and Fridays.

STATE AND NATIONAL GUIDANCE/EXECUTIVE ORDERS/NEWS
California now has 136,191 confirmed cases of COVID-19, resulting in 4,776 deaths, an increase of 1.7% since Monday. While counties across the state move further into Phase 2 and Phase 3 of the Resilience Roadmap, the state Department of Public Health continues to urge everyone to wear face coverings, practice social distancing, wash your hands throughout the day and avoid touching your face.

For the latest updates on how the state is responding to the coronavirus pandemic, you can find more information on California’s COVID-19 website.

A program meant to provide disaster relief assistance for eligible undocumented Californians affected financially by the coronavirus has been deluged with calls, and the money is beginning to run out. The 12 non-profit organizations handing out the money says anyone who believe they qualify for the money should continue calling.

If you're still waiting to receive your stimulus payment, there's a chance you may have accidentally thrown it away. The prepaid debit card arrives in a plain envelope with no federal identification, so many people didn’t realize what it was. If you threw it away, or believe your card is lost or stolen, you can get a replacement.

The Federal Reserve today forecasted the U.S. unemployment rate will fall to 9.3% by the end of this year and 6.5% by the end of 2021, signaling confidence the economy will begin to recover in coming months from the recession caused by the pandemic.

As the U.S. approaches 2 million coronavirus cases, Dr. Anthony Fauci, the nation’s top disease expert, this week said the coronavirus pandemic is his ‘worst nightmare’ and ‘isn’t over yet.’ Amid the continued protests against police violence, and as states continue to reopen, Dr. Fauci today urged everyone to practice a degree of caution.

SYSTEM GUIDANCE/NEWS
Executive Vice Chancellor for Educational Services and Support Marty Alvarado and Vice Chancellor Aisha Lowe on Tuesday released a revised memorandum regarding the distance education emergency blanket addendum request process. This memorandum supersedes ES 20-12 released on March 31, 2020. While most districts have submitted summer 2020 requests, this revised memorandum provides updated links and instructions for your fall 2020 requests due July 1, 2020.

The Chancellor’s Office is committed to keeping everyone informed during this uncertain time. We encourage administrators, faculty, staff and students to regularly check the Chancellor’s Office COVID-19 resource page for ongoing executive orders, guidance memos and announcements. Current and prospective students can also get
College practitioners can find past COVID-19 Weekly Webinar recordings and other COVID-19 information within the Vision Resource Center. Create an account or log in. Under the “Connect” menu, visit “All Communities” and look for the “CCC | COVID-19 Resources, Tools and Discussion” section. Click “Join Community” to access the content within.

The Harris Center for the Arts at Folsom Lake College will temporarily cease operations on July 1, and expects the closure to last at least a year.

The California Virtual Campus-Online Education Initiative (CVC-OEI) offers a number of online events to continue to help faculty and staff with the transition to virtual learning. You can find all upcoming events on the CVC-OEI Events page. For online instruction support requests, please contact CVC-OEI.

If any of your students are uninsured and need medical advice, about the coronavirus or otherwise, the Medi-Nurse line is available 1-877-409-9052.

We know students are looking for extra support during this trying time. We have compiled a list of mental health support available to students and will continue to share them on a daily basis.

- If students have Medi-Cal and are in need of mental health services, they can call the number on their health plan membership card, or call their local county mental health line. For help finding what services are covered, call the Medi-Cal Managed Care and Mental Health Office of the Ombudsman at 888-452-8609 Monday through Friday from 8:00 a.m. – 5:00 p.m.
- If you are concerned about a family in need of food or assistance, or you need resources yourself, call 211, contact your local non-profit Family Resource Center, or apply for public benefits, which may include health care, cash aid, and food and nutrition assistance, through your county’s Social Services or Health and Human Services department.
- Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website. Specific COVID-19 resources are available on the home page.
- Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.
- Each Mind Matters offers resources, tools and activation kits for mental health.
- The California Youth Crisis line runs 24 hours a day, seven days a week: 800-843-5200. The National Suicide Prevention Lifeline provides confidential assistance to anyone in crisis and their loved ones through a live chat and free 24-hour hotline at 1-800-273-8255. You can also text COURAGE to the Crisis Text Line at 741741.
- Our LGBTQ students can also contact the Trevor Project by calling 1-866-488-7386 or text START to 678678 for 24/7 information. The Lesbian, Gay, Bisexual and Transgender National Hotline is available from 1:00 – 9:00 p.m. at 1-888-288-1685. You can also text COURAGE to the Crisis Text Line at 741741.

We all might be sleeping more right now, but we’re not necessarily sleeping better. Why our sleep continues to suffer right now.

McClatchy tomorrow will host its third of three public webinars called COVID-19: Bending the Curve / Impact on Health Care Policy. The livestream brings together top medical professionals, industry experts, patient advocates and policymakers to discuss the latest advancements for combating the novel coronavirus. The webinar is tomorrow, Thursday, June 11 from 9:30 – 10:30 a.m. Pacific time. Find more information and register here. Previous recordings are also available at the same link.
TIP OF THE DAY

Looking for a new book to read? Download the Libby by Overdrive mobile app to get an instant library card from your local library to access thousands of eBooks and audiobooks for free!

More Tips of the Day

Did you get this from someone else? Sign up to receive the COVID-19 Special Update under ‘Subscribe and Connect.’