If a member of your household is sick, everyone should wear a mask, clean and disinfect surfaces often, and don’t share sheets, towels, drinks or other items. (Image and caption courtesy of the California Dept. of Public Health Twitter.)

The COVID-19 Special Update publishes on Monday, Wednesday and Friday.

STATE AND NATIONAL GUIDANCE/EXECUTIVE ORDERS/NEWS

Gov. Gavin Newsom today gave an update on the state’s response to the COVID-19 pandemic. (All news conferences are streamed live at noon on his Twitter page and the California Governor Facebook page.) You can find more information on California’s COVID-19 website.

Among the headlines from today’s update:

- The governor reported overall encouraging news on the coronavirus fight across the state: the seven-day average of new cases is down more than 21% and hospitalizations are down 10% over the past two weeks.

- California has 514,901 confirmed cases of COVID-19, resulting in 9,388 deaths. California is the first state to pass the 500,000 case mark. The number of COVID-19 related deaths across the state increased by 0.3% from Saturday.

- The state has performed more than 8.1 million tests. The rate of positive tests over the past 14 days has again decreased slightly to 7.0%. The seven-day positivity rate is 6.1%, the lowest rate in several weeks.

You can watch the full update here. (Please note: the update begins around the 6:35 mark.)

Negotiations continue today in Washington, D.C. where lawmakers are still far apart on a new coronavirus relief plan, days after the extra $600/week unemployment benefit expired.
At least 4,641,000 coronavirus cases and 151,000 fatalities have been reported in the United States since February. As one lawmaker put it, “…we just have to assume the monster is everywhere. It’s everywhere.” White House coronavirus task force coordinator Dr. Deborah Birx on Sunday said the virus is more widespread than when it first took hold in the US earlier this year.

“There’s no silver bullet at the moment and there might never be.” Sobering words today from the World Health Organization’s director-general, as cases around the world cross the 3 million mark. The WHO also cautioned that the global coronavirus pandemic is not going away anytime soon, and could linger even after vaccines are available.

SYSTEM GUIDANCE/NEWS
The Chancellor’s Office is committed to keeping everyone informed during this uncertain time. We encourage administrators, faculty, staff and students to regularly check the Chancellor’s Office COVID-19 resource page for ongoing executive orders, guidance memos and announcements. Current and prospective students can also get connected with their local college to find out specific resources and support services available as well as enroll in their local community college.

The Peralta Colleges today announced the campus closures have been extended until January 4, 2021. Student services will continue to be conducted online.

BEST PRACTICES
Over the past several months the Chancellor’s Office convened weekly webinars to create a space for continuous information during these unprecedented times. During this time, we have learned that this space has been a reliable and much needed source of information for our system and as a result, we will continue these bi-weekly webinars on the first and third Wednesday of the month. We invite you to join the Chancellor’s Office System Webinars as we pivot our focus from providing COVID-19 related updates, toward tools and resources to make progress on the Vision for Success. Our webinars will continue to feature campus leaders and best practices from colleges and districts. (Please note: you must register for the webinars through the Chancellor’s Office System Webinar. Once signed in, navigate to the events calendar: Learning / Workshop Calendar and find the next Chancellor’s Office System Webinar, then click on the event title to view details and register.)

The Chancellor’s Office this week will hold an online forum with the Commission on Peace Officer Standards and Training (POST) leadership. The forum will discuss the basic police academy program, and in-service training for peace officers offered by a number of California community colleges, as well as address some common questions. The forum will also clarify the roles and responsibilities of colleges within these programs. The webinar is Thursday, August 6 from 9:00 – 10:00 a.m. To join the webinar:

https://cccconfer.zoom.us/s/98107813309

Or join by phone:
US: +1 669 900 6833 or +1 253 215 8782 or +1 301 715 8592 or +1 312 626 6799 or +1 346 248 7799 or +1 646 876 9923

Webinar ID: 981 0781 3309

International numbers available: https://cccconfer.zoom.us/u/af8WqiR9

STUDENT SUPPORTS
With new COVID-19 measures, it’s now easier than ever for eligible California community college students to sign up and receive FREE money every month from CalFresh to help buy groceries. The average eligible student receives $150 each month and it only takes a couple of minutes to apply. Call 1-877-847-3663 (FOOD) or click here to fill out an application.

We know students are looking for extra support during this trying time. We have compiled a list of mental health support services available to students and we’ll continue to share them on a daily basis.

- If students have Medi-Cal and are in need of mental health services, they can call the number on their health plan membership card, or call their local county mental health line. For help finding what services are covered, call the Medi-Cal Managed Care and Mental Health Office of the Ombudsman at 888-452-8609 Monday through Friday from 8:00 a.m. – 5:00 p.m. 
- If you are concerned about a family in need of food or assistance, or you need resources yourself, call 211, contact your local non-profit Family Resource Center, or apply for public benefits, which may include health care, cash aid, and food and nutrition assistance, through your county’s Social Services or Health and Human Services department.
- Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website. Specific COVID-19 resources are available on the home page.
- Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.
- Each Mind Matters offers resources, tools and activation kits for mental health.
- The California Youth Crisis line runs 24 hours a day, seven days a week: 800-843-5200. The National Suicide Prevention Lifeline provides confidential assistance to anyone in crisis and their loved ones through a live chat and free 24-hour hotline at 800-273-8255. You can also text COURAGE to the Crisis Text Line at 741741.
➢ Our LGBTQ students can also contact the Trevor Project by calling 1-866-488-7386 or text START to 678678 for 24/7 information. The Lesbian, Gay, Bisexual and Transgender National Hotline is available from 1:00 – 9:00 p.m. at 1-800-273-8255. Or call or text the Victims of Crime Resource Center at 1-800-842-8467 for help.

ITEMS OF INTEREST
Who gets to be first in line for a COVID-19 vaccine? Health authorities hope to have guidelines available late next month, but they’re already warning that not everyone will like the answer.

Latino parents face back-to-school uncertainty as COVID-19 hits their families hard.

Don’t microwave your books. Don’t use vodka as a hand sanitizer. And please don’t drink bleach.

Health illiteracy is nothing new in America. But the pandemic magnifies how troubling it is.

Face shield vs. mask: Which prevents the spread of COVID-19 better?

TIP OF THE DAY

Housing for the Harvest is a new program that will offer temporary hotel housing to agricultural workers who need to isolate due to COVID-19. It will help positive or exposed workers protect their loved ones and coworkers by giving them a space to self-isolate. Learn more about the program and how it works on the Housing for the Harvest page.

More Tips of the Day

Did you get this from someone else? Sign up to receive the COVID-19 Special Update under ‘Subscribe and Connect.’