



California  
Community  
Colleges

# COVID-19 Update

June 12, 2020 – COVID-19 Update No. 60



Prior to Tuesday's Virtual Recognition Ceremony that celebrated the graduating Class of 2020, Los Angeles Southwest College President Dr. Seher Awan delivered pizzas and gifts to some of the college's well-deserving graduates at their homes to thank them for their dedication to their studies and to LASC. She was joined by Outreach and Recruitment Coordinator Johnel Barron, Counselor Juan Camacho, and Public Relations Manager Benjamin Demers. Congrats to the graduates! [#LASCGrad2020](#)

***The COVID-19 Special Update now publishes on Mondays, Wednesdays and Fridays.***



## STATE AND NATIONAL GUIDANCE/EXECUTIVE ORDERS/NEWS

[California now has 141,983 confirmed cases of COVID-19](#), resulting in 4,943 deaths, an increase of 1.3% since Wednesday. While counties across the state move further into Phase 2 and Phase 3 of the [Resilience Roadmap](#), the state Department of Public Health continues to urge everyone to wear face coverings, practice social distancing, wash your hands throughout the day and avoid touching your face.

For the latest updates on how the state is responding to the coronavirus pandemic, you can find more information on [California's COVID-19 website](#).

The Center for Disease Control (CDC) today provided an [update on COVID-19 response efforts](#). The CDC reiterated the importance of embracing the recommendations of social distancing, washing of hands and wearing of face coverings in public as states begin to reopen. [Considerations for larger events or gatherings were also released](#).

[Sacramento](#), [Yolo](#) and [Placer](#) counties today are moving into Phase 3 of the reopening roadmap, allowing bars, gyms, day camps and movie theaters to reopen.

The California DMV on Thursday [reopened all remaining field offices](#) that had been temporarily closed for the pandemic.

Another [1.5 million workers](#) applied for unemployment benefits last week. The [latest figure](#) from the Labor Department, released Thursday, marked the 10th straight weekly decline in applications for jobless aid since they peaked in mid-March when the coronavirus hit hard.



## SYSTEM GUIDANCE/NEWS

Vice Chancellor for Educational Services and Support Aisha Lowe on Wednesday released the [ES 20-22 "Emergency Temporary Correspondence Education Blanket Addendum" memorandum](#) detailing the process to request a blanket addendum specific to courses offered in prisons and jails. Here is a PDF of the [online submission form](#) for your reference.

The Chancellor's Office is committed to keeping everyone informed during this uncertain time. We encourage administrators, faculty, staff and students to regularly check the [Chancellor's Office COVID-19 resource page](#) for ongoing executive orders, guidance memos and announcements. Current and prospective students can also get

connected with their local college to find out specific resources and support services available as well as enroll in their local community college.

College practitioners can find past COVID-19 Weekly Webinar recordings and other COVID-19 information within the [Vision Resource Center](#). Create an account or log in. Under the “Connect” menu, visit “All Communities” and look for the “CCC | COVID-19 Resources, Tools and Discussion” section. Click “Join Community” to access the content within.



**ONLINE INSTRUCTION/WEBINARS**

The California Student Aid Commission next week will host a webinar to discuss changes to the Cal Grant program in response to COVID-19, along with other updates. **The webinar is scheduled for Tuesday, June 16 from 11:00 a.m. to 12:30 p.m.** [Register at this link.](#)

The California Virtual Campus-Online Education Initiative (CVC-OEI) offers a number of online events to continue to help faculty and staff with the transition to virtual learning. You can find all upcoming events on the [CVC-OEI Events page](#). For online instruction support requests, please contact [CVC-OEI](#).



**STUDENT SUPPORTS**

Many non-profit organizations provide services to students who need the help most. Listen to Chancellor Eloy Ortiz Oakley’s [May 22nd podcast](#) to hear about what the College Futures Foundation is doing to help close the equity gap and directly support students.

If any of your students are uninsured and need medical advice, about the coronavirus or otherwise, the Medi-Nurse line is available [1-877-409-9052](#).

We know students are looking for extra support during this trying time. We have compiled a list of mental health support available to students and will continue to share them on a daily basis.

- If students have **Medi-Cal** and are in need of mental health services, they can call the number on their health plan membership card, or call their [local county mental health line](#). For help finding what services are covered, call the [Medi-Cal Managed Care and Mental Health Office of the Ombudsman](#) at [888-452-8609](#) Monday through Friday from 8:00 a.m. – 5:00 p.m.
- If you are concerned about a family in need of food or assistance, or you need resources yourself, call [211](#), contact your local non-profit [Family Resource Center](#), or apply for public benefits, which may include health care, cash aid, and food and nutrition assistance, through your county’s [Social Services or Health and Human Services department](#).
- Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the [California Community Colleges Health & Wellness website](#). Specific COVID-19 resources are available on the home page.
- [Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.
- [Each Mind Matters](#) offers resources, tools and activation kits for mental health.
- The California Youth Crisis line runs 24 hours a day, seven days a week: [800-843-5200](#). The [National Suicide Prevention Lifeline](#) provides confidential assistance to anyone in crisis and their loved ones through a live chat and free 24-hour hotline at [800-273-8255](#). You can also text COURAGE to the Crisis Text Line at [741741](#).
- Our LGBTQ students can also contact the Trevor Project by calling [1-866-488-7386](#) or text START to 678678 for 24/7 information. The Lesbian, Gay, Bisexual and Transgender National Hotline is available from 1:00 – 9:00 p.m. at [1-800-273-8255](#). Or call or text the Victims of Crime Resource Center at [1-800-842-8467](#) for help.



**HOW TO HELP**

The Foundation for California Community Colleges, in partnership with the California Community Colleges, has launched an effort to provide emergency aid, technology, connectivity and other essential supports to students. [Click here for more on ways to support students through this campaign.](#)



**OTHER INFORMATION**

The California State University Professional and Continuing Education (PaCE) on Wednesday launched [COVID-19 Courses for Causes](#), a program designed to offer professional development courses free of charge to working adults and members of the community. [To learn more about the program click here.](#)

The [first experimental COVID-19 vaccine](#) in the U.S. is on track to begin a huge study next month to prove if it really can fend off the coronavirus.

**TIP OF THE DAY**

Exercise is one way to help cope with the additional stress that many are feeling during this time, and even though gyms may still be closed, there are still ways to stay active. Here are [8 exercises that you can do from your couch](#).

[More Tips of the Day](#)

Did you get this from someone else? [Sign up to receive the COVID-19 Special Update](#) under ‘Subscribe and Connect.’



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